

AGE UK

Age UK are sending individual referrals for people who require shopping and essential items in the Tonbridge and Maidstone areas. Please call Pete on 07557 512493 if you are able to go shopping and / or drop off groceries at people's houses.

Age UK have also put together a 5-minute video for people volunteering during Coronavirus. There is also details here for how to get involved with 'neighbourly volunteering' which is something we'd absolutely encourage people to do to look out for elderly who live in their immediate area.

<https://www.ageuk.org.uk/get-involved/volunteer/neighbourly-volunteering/>

THE PRINCESS PROJECT

Supporting Vulnerable Solo Mums in the West Kent and Maidstone area

Donate Essential Items

All items need to be new, unopened and in date

Baby/maternity items:

Nappies (all sizes, but especially sizes 4, 5 and 6)

Baby wipes

Formula milk (all brands and stages)

Maternity pads

Food:

Pasta

Rice

Tinned tuna

Jars of pasta sauce

Tinned vegetables (carrots, peas, sweetcorn, tomatoes, potatoes)

Baked beans

Boxes of cup a soup

Tinned meat/meals (e.g. sausages, meatballs, ravioli, curry, macaroni cheese)

Longlife desserts (e.g. tinned fruit, custard, jelly, rice pudding)

Packets of sweet biscuits

Cereal

Jam

Squash

Drop off details / times

Call Emma Tanner on 07851 196770 to arrange drop off of items or if you would like to get more involved with what the Princess Project are doing to help solo mums at this time.

Contribute to the emergency fund

An emergency fund has been set up to meet the immediate needs of vulnerable families in Maidstone and Medway who are ill or self-isolating and in need of assistance with essentials such as food, nappies and wipes, and formula.

<https://cafdonate.cafonline.org/12414#!/DonationDetails>

GREENLIGHT

There is a real and urgent need for healthcare professionals to help with the Mayor's Office effort to support the homeless in London. Please encourage people who might be able to help in any capacity to go to the website below for more info. Currently this is just within the London Boroughs.

<https://hillsong.com/uk/covid-19-response/#TIME>

ONE BIG FAMILY

This is the charity that Greenlight in Kent work with to support the homeless. They are also receiving referrals from social services, probation services, the elderly, those who's benefits have ceased and supporting shelter for those yet to gain accommodation.

Drop off:

Emmaus church centre- clover street Chatham ME4 4DT, please call Liz Shaw prior to drop off - she is there every day but wants to make sure it is open to receive donations
Liz Shaw: 07825254224

Key items needed are listed below.

Food parcels

Bread fresh and part baked
Cheese
Pasta sauce
Long life milk
Tinned soup etc
Tinned goods
Dried goods

Non food items:

Cling film
Toilet paper
Kitchen roll
hand wash
cleaning products
Range of clothing male/ female medium size preferable

FOOD BANKS

With the current restrictions on movement the River Centre is no longer an ideal location for people to leave donations for any of the above. If people are unable to get to Maidstone or Medway to help with the above then donating to food banks is also really effective and helpful at this time.

Up to date info on foodbank donation points in Tonbridge, West Kent, Medway and Maidstone can be found here:

<https://hillsong.com/uk/covid-19-response/#Donate>