



* BE KIND

- * Tell at least 10 people how good they are!
 - * Pay it forward in the lunch line
- * Hang out with the kid that sits alone at lunchtime
- * Find something new to laugh about teasing others is so last year!
- * You are way better looking when you stand out from the crowd
 - * Give a nice shout out to a friend on Facebook
 - * Three words: "HOW ARE YOU?"
- * Take someone to the movies who you normally wouldn't
- * Clean your school, littering is not cool
- * Be kind for everyone you meet is fighting their own battles - Plato
 - * Nobody likes a Know-It-All – Listen first, Speak later
 - * Don't be a #Hater
 - * "Three things in human life are important, the first is to be kind, the second is to be kind and the third is to be kind." – Henry James

- * Spend the day saying hello to everyone that you meet
- * Wherever there is a human being there is an opportunity for kindness." - Seneca
 - * Bake for your teacher, we all like cake
- * Use what your good at to make nice and break the ice
 - * Teach don't Preach
- * Check yourself before you wreck yourself
 - * Put a smile on your dial
 - * It's cool to stay in school
- * He who plants kindness gathers love – Saint Basil
- * Share your brain – Help someone with their homework
 - * No strings attached
 - * Say please and thank you
- * Don't fake it and they won't be able to shake it
 - * R-E-S-P-E-C-T
- * Actions speak louder than words
 - * Give a Hug don't be a bug
- * "A smile is the universal language of kindness" – William Arthur Ward