

## EXAMPLE LETTER TO PRINCIPAL

*THESTRINGMOVEMENT.COM*



Dear Principal,

This letter is to let you know about, "The String Movement". A movement run by young people to Disarm Bullying in this generation. Statistics show that on average 3 out of 5 students in schools are bullied. That is 2, 211, 851 Australian Young People. In the lives of victims bullying can cause:

Increased anxiety, stress, illness, withdrawal, isolation, and low self-esteem, lack of assertiveness, insecurity and depression. Those who are bullied are 9 x more likely to have suicidal thoughts than those who are not bullied 160,000 Australian Young People stay home each day as a result of Bullying.

Young People who bully are more likely to drop out of school, abuse drugs and alcohol and engage in criminal behaviour. As a student body, we want to do something about this and create a peaceful resistance to Disarm Bullying in, "insert name of school here. The String Movement encourages young people to tie a piece of string around their wrist, school bag or pencil case, to show that they are not okay with bullying. We would like to introduce this in our school as a part of our anti-bullying policy. We believe that if we become advocates for The String Movement we can help to empower students to take responsibility for bullying and to make a public declaration that it will not be tolerated. We would like the opportunity to launch, The String Movement in our school assembly by putting up posters around our schools to raise awareness, sharing with our fellow peers the facts of bullying and playing a video to explain what The String Movement is. From here we would give students, their own piece of string so that they can join together with each other to Disarm Bullying in our school as well.

We think that it is important to raise awareness about the damaging effects of bullying. We hope that you are interested to see, The String Movement happen in our school and we would love to meet with you to discuss the possibilities and to answer any questions you might have.

Kind Regards, "Insert Name Here".