

Bible Reading Plan

My Bible reading plan is as follows: I read as much or as little as time or circumstances allow, mark the place where I finish and return to the passage the following week. This system encourages reading from the Old and the New Testaments as well as ensuring variety. The plan means that one reads the New Testament about twice as much as the Old Testament.

Monday	Genesis – 2 Samuel
Tuesday	Matthew, Mark, Luke
Wednesday	1 Kings – Song of Solomon (excluding Psalms)
Thursday	John, Acts and Revelation
Friday	Isaiah – Malachi
Saturday	Romans – Jude
Sunday	Psalms

Daily Journaling

The SOAP idea for journaling is not mine but I find it helpful. It is an acronym for: Scripture, Observation, Application and Prayer. I tend to use SOP! The plan sounds very formal but for me it has been invaluable. It is my 'tent of meeting', my 'place of speaking'.

First page: 'Coming in'

After I have read my Bible I choose a Bible verse through which God has spoken to me that morning and write it out in my journal. I then write down my thoughts about that verse. After which I write out a prayer to God usually based around the same idea. I write on one side of my journal only, both as a discipline and a reminder. This side is where I 'come in' to God – It is where God speaks to me.

Second page: 'Going out'

I then write my sermon ideas on the right side of the page. These are usually just a thought but may also be a short outline to be used at a later date. I also write two things for which I am grateful; to add to my 'gratitude journal'. This side is where I 'go out' for God – It is where I speak for God.